

Aqua Buddies will help your child:

- Swim more safely
- Strengthen core muscles
- Relax in the water
- Improve overall coordination
- Learn basic swim strokes

#### Testimonials

“My son has gained confidence in the water and the program promotes his abilities rather than focusing on his disabilities” Lisa Joseph, parent

“Kelly and Deb are great! They really care about my daughter and her progress. Kayla’s actually swimming without a vest, and is more confident and comfortable in the pool. She really benefits from Aqua Buddies’ personalized OT-based instruction and she’s having FUN!” Heather Shannon, parent

“We love it here, Kelly is the absolute best. Not only is she knowledgeable with the workings of the body, but each ones special need, which sometimes are many. She manages somehow to give each child special attention. All with tender care, kindness and patience and always lots of fun. Jaymie Gaspari, parent

“Joey loves the program. Looking forward to the next session.” Bill Jewell, parent

“After being told by other swim instructors that my daughter simply ‘wasn’t trying’, it was a relief to find an instructor who understood the nature of her challenges. She has made more progress in two months of Aqua Buddies than in a year of regular private swim instruction” Lisa Slager, parent

Directions

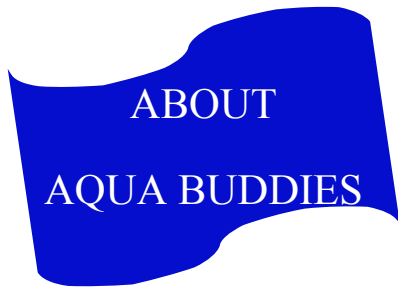
Rehab Connection’s Cherry Hill Office

From North or South: Take I - 295 to exit 34 A. Continue on Rt. 70 east to 3rd light (Springdale Road.) Turn right and continue one mile to JCC on the left (at the corner of Kresson Road.)



50 East Gloucester Pike  
Barrington, NJ 08007  
Ask for Debra Lischak  
Phone: 856-547-4422 EXT 352  
Fax: 856-547-0660  
E-mail: [dlichak@rehabconnection.org](mailto:dlichak@rehabconnection.org)  
[www.rehabconnection.org](http://www.rehabconnection.org)





Since 2002, Rehab Connection has offered Aqua Buddies Swim Program to the community with three sessions per year. The Aqua Buddies Swim Program was created to teach children with special needs to learn how to swim. All sessions are group classes and instructed by a licensed physical and/or occupational therapist. Children above the age of 2 are welcome. Our JCC location allows children not potty trained to attend with a swim diaper. **We require that a parent or guardian accompany the child in the pool for instruction and carryover.**

The Aqua Buddies Swim Program receives a small yearly community grant from the New Jersey Pediatric Patients' Charitable Trust Fund, Inc. This grant allows qualified participants to receive a reduction in the cost of each session. The grant money will be available on a **first come first serve basis** to children who qualify under this organization. The web site for the grant is [www.sjkidstrust.com](http://www.sjkidstrust.com) and has the qualifying information listed. **If you are eligible for the grant, please contact us to determine your modified session rate.**

**Fall 2014 Class Schedule (1 hour classes)**

	Tuesdays	Thursdays
4:45	Intermediate (I)	Beginner (B) (small pool)
5:45	Advanced (A)	Advanced Beginner (AB)

**DATES AND TIMES FOR 2016**

At Rehab Connection's  
Cherry Hill office at the KATZ JCC  
1301 Springdale Road  
Cherry Hill NJ 08003

Class Description

- *Beginner (small pool)* – water safety, face in water, blowing bubbles, floating, performing combined movements of flutter kick and arm motion with support or floatation device
- *Advanced Beginner* – independent forward glide, begin to use alternate arm movements while kicking with face in water, begin rolling to side for breathing, and jumping
- *Intermediate*- address all swim strokes for independence without flotation devices and proper breathing mechanics; independent jumping and beginning components of diving
- *Advanced*- refine skills required for swim team mechanics, including all swim strokes, lap endurance, turning and diving.

Dates

**Winter/Spring (12 weeks)**

- Tuesdays starting February 16<sup>th</sup> to May 10<sup>th</sup>
- Thursdays starting February 18<sup>th</sup> to May 12<sup>th</sup>

**NO CLASS on March 29<sup>th</sup> and 31<sup>st</sup>**

**Summer - to be determined**

**Fall – to be determined**

\* Dates and times are subject to change

Rehab Connection  
50 East Gloucester Pike  
Barrington, NJ 08007

Make checks payable to Rehab Connection

Please check which session of classes you will be joining  
Spring 2016 Summer 2016 Fall 2016  
\$360.00  
Due by Feb 1st Due by June 15th Due by Sept 1st

Child's Name: \_\_\_\_\_ DOB / Age: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Parents' Name (s) \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Emergency contact: \_\_\_\_\_ Emergency number: \_\_\_\_\_

Tuesdays 4:45 pm (I) 4:45 pm (B)  
 Thursdays 5:45 pm (A) 5:45 pm (AB)  
 Circle class level time

I give permission for \_\_\_\_\_ to participate in Rehab Connection's Aqua Buddies Swim Program.

\*\*\* Briefly describe diagnosis and swimming skill level:

\_\_\_\_\_  
 Parent / Guardian's signature