

Parent Testimonials

“My son has gained confidence in the water and the program promotes his abilities rather than focusing on his disabilities” Lisa Joseph, parent

“Kelly and Deb are great! They really care about my daughter and her progress. Kayla’s actually swimming without a vest, and is more confident and comfortable in the pool. She really benefits from Aqua Buddies’ personalized OT-based instruction and she’s having FUN!” Heather Shannon, parent

“We love it here, Kelly is the absolute best. Not only is she knowledgeable with the workings of the body, but each ones special need, which sometimes are many. She manages somehow to give each child special attention. All with tender care, kindness and patience and always lots of fun. Jaymie Gaspari, parent

“Joey loves the program. Looking forward to the next session.” Bill Jewell, parent

“After being told by other swim instructors that my daughter simply 'wasn't trying', it was a relief to find an instructor who understood the nature of her challenges. She has made more progress in two months of Aqua Buddies than in a year of regular private swim instruction” Lisa Slager, parent

Directions

Rehab Connection’s Cherry Hill Office

From North or South: Take I - 295 to exit 34 A. Continue on Rt. 70 east to 3rd light (Springdale Road.) Turn right and continue one mile to KATZ JCC on the left (at the corner of Kresson Road.)



Ask for Debra Lischak

Phone: 856-547-4422 EXT 352

Fax: 856-547-0660

E-mail:

dlichak@rehabconnection.org

Rehab Connection
50 East Gloucester Pike

www.rehabconnection.org



About Aqua Buddies

Aqua Buddies will help your child:

- Swim more safely
- Strengthen core muscles
- Relax in the water
- Improve overall coordination
- Learn basic swim strokes

Since 2002, Rehab Connection has offered Aqua Buddies Swim Program to the community with three sessions per year. The Aqua Buddies Swim Program was created to teach children with special needs to learn how to swim. All sessions are group classes and instructed by a licensed physical and/or occupational therapist. Children above the age of 2 are welcome. Our JCC location allows children not potty trained to attend with a swim diaper. **We require that a parent or guardian accompany the child in the pool for instruction and carryover.**

The Aqua Buddies Swim Program receives a small yearly community grant from the New Jersey Pediatric Patients' Charitable Trust Fund, Inc. This grant allows qualified participants to receive a reduction in the cost of each session. The grant money will be available on a **first come first serve basis** to children who qualify under this organization. The web site for the grant is www.sjkidstrust.com and has the qualifying information listed. **If you are eligible for the grant, please contact us to determine your modified session rate.**

DATES AND TIMES FOR 2018 Summer Class Schedule (1 hr classes)

	Tuesdays	Thursdays
4:45	Intermediate (I)	Beginner (B) (small pool)
5:45	Advanced (A)	Advanced Beginner (AB)

Location: At Rehab Connection's Cherry Hill office at the KATZ JCC. 1301 Springdale Road, Cherry Hill NJ 08003

Class Description

- *Beginner (small pool)* – water safety, face in water, blowing bubbles, floating, performing combined movements of flutter kick and arm motion with support or floatation device
- *Advanced Beginner* – independent forward glide, begin to use alternate arm movements while kicking with face in water, begin rolling to side for breathing, and jumping
- *Intermediate*- address all swim strokes for independence without flotation devices and proper breathing mechanics; independent jumping and beginning components of diving
- *Advanced*- refine skills required for swim team mechanics, including all swim strokes, lap endurance, turning and diving.

Summer (5 Weeks)

- Tuesdays July 10th to August 7th
- Thursdays July 12th to August 9th

Make up class if needed on August 14th

Rehab Connection
50 East Gloucester Pike
Barrington, NJ 08007
Make checks payable to Rehab Connection

Please check which session of classes you will be joining
Spring 2018 Summer 2018 Fall 2018
\$360.00 \$200.00
Due by Feb 1st Due by June 15th Due by Sept 1st

Child's Name: _____
Address: _____
Phone: _____
E-mail: _____
Emergency contact: _____

DOB / Age: _____
Parents' Name (s) _____
Emergency number: _____

Tuesdays Thursdays
4:45 pm (I) 4:45 pm (B)
5:45 pm (A) 5:45 pm (AB)

Circle class level time

I give permission for _____ to participate in Rehab Connection's Aqua Buddies Swim Program.

*** Briefly describe diagnosis and swimming skill level: _____
Parent / Guardian's signature _____